



MOUNTAIN TO SOUND CHAPTER AACN
1425 BROADWAY #543
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MOUNTAIN TO SOUND CHAPTER
OF THE
AMERICAN ASSOCIATION OF CRITICAL-CARE NURSES



43rd ANNUAL SYMPOSIUM

CURRENTS IN CRITICAL & PROGRESSIVE CARE

SEPTEMBER 16th & 17th, 2019
LYNNWOOD CONVENTION CENTER
LYNNWOOD, WA

WWW.MTSAACN.ORG

For online registration &
conference information



Don't miss these nationally acclaimed speakers:
Megan Brunson (AACN President), Elizabeth Bridges (AACN President-Elect),
Patty Wooten, Nicole Kupchik, Chris Schulman, Heather Hand,
and many more!

Including several experts in pediatric critical care!

Day 1: Monday, Sept 16, 2019

7:15 - 8:00 AM				Registration & Continental Breakfast			
8:00 - 9:15 AM		Introduction & Opening Session Unstoppable Megan Brunson AACN President					
9:15 - 9:25 AM		Break					
9:25 - 10:40 AM		Pediatric Topic Pediatric Targeted Temperature Management Tami Best-Brandt 1		Workplace Violence in Healthcare: It's a Whole New World Cheri Constanino-Shor 2		Driving Change from the Bedside Rebekah Marsh 3	
10:40 - 10:50 AM		Break					
10:50 - 12:05 PM		Pediatric Topic Atraumatic Care in the Pediatric Intensive Care Unit Jesse Bartlett Kelsey Mitchell 4		Transfusion Practices During Exsanguinating Hemorrhage Chris Schulman 5		Asthma Inequities and Surviving Critical Care: A Review of the Social Determinates of Admission, Re-Admission, and Discharge Planning Robin Evans-Agnew 6	
12:05 - 1:35 PM		Lunch (Provided)					
1:35 - 2:55 PM		Pediatric Topic Pediatric CRRT: A Model for Success Bob Alanis 7		Mesenteric Mystery & Mayhem: Intestinal Ischemia and Infarction Chris Schulman 8		Subarachnoid Hemorrhage Heather Hand 9	
2:55 - 3:25 PM		Break					
3:25 - 4:40 PM		Pediatric Topic Not All Is Lost in Translation: Understanding Pediatric Sepsis Treatment Wendy Murchie 10		Get Up to Date about Mechanical Circulatory Support Janet Regan-Biggs 11		Hepatic Encephalopathy Heather Hand 12	
4:40 - 5:00 PM		Wrap-up & Feedback					
5:00 - 6:15 PM		<p style="text-align: center;">Sunset Session - Wine & Cheese Event What's So Funny About Nursing? Patty Wooten <i>Internationally Known Nurse Humorist</i></p>					

VENDORS OPEN Starting at Lunch

Day 2: Tuesday, Sept 17, 2019

7:15 - 8:00 AM				Registration & Continental Breakfast			
8:00 - 9:15 AM		Opening Session TBD Elizabeth Bridges, AACN President-elect					
9:15 - 9:45 AM		Break					
9:45 - 11:00 AM		<p style="text-align: center;">Karen Carlson Memorial Session FINDING COMEDY IN CHAOS? You've Got to be Kidding Patty Wooten</p>					
11:00 - 11:30 AM		Break					
11:30 - 12:45 PM		Strategic Mental and Emotional Habits that Reduce Operational Stress Injury (OSI) Fran Graham 13		Every Minute Matters: 5 Essential Palliative Care Skills in 5 Minutes for the ICU Nurse Tonda Anderson 14		Hazardous Drug Safety for the Non-Oncology Nurse Seth Eisenberg 15	
12:45 - 1:45 PM		Lunch (Provided) Door Prizes Awarded, including NTI Registration!!!					
1:45 - 3:00 PM		Critical Care Studies You Should Know About Nicole Kupchik 16		Moral Distress and Evidence Based Interventions to Resilience Desiree Wood 17		It Takes a Village: An Interprofessional, Collaborative Approach to In Situ Code Blue Drills <i>Sponsored by WA State affiliate NACNS</i> Jocelyn Ludlow 18	
3:00 - 3:15 PM		Break					
3:15 - 4:30 PM		Fluids and Fluid Responsiveness Nicole Kupchik 19		Dealing with and Prevention of Clostridioides Difficile (C diff) Infection: Beyond Hand Washing Vanessa Makarewicz 20		Complications of Peripheral Vascular Access Elizabeth Mattox 21	
4:30 - 5:00 PM		Wrap-up & Feedback					

VENDORS OPEN Starting at Lunch

The Keynote address is sponsored by the MTS Chapter Karen Carlson Fund. In 2007, Seattle lost a wonderful nurse, educator and leader when Karen passed away after an 8 year battle with breast cancer. In memory of her devotion to nursing and AACN, the Karen Carlson Keynote Address was created ♥

Speaker Information

Bob Alanis, RN, BSN, CPN
System Clinical Educator for Pediatrics, MultiCare Health System

Tonda Anderson, PA-C, MCHS, CCRN
Palliative Care, Virginia Mason Medical Center

Jesse A. Bartlett, CCLS
Certified Child Life Specialist, Mary Bridge Children's Hospital

Tami Best-Brandt, RN, MSN
Nurse Manager, Pediatric ICU; Transport Team and interim ECMO Coordinator, Mary Bridge Children's Hospital

Elizabeth Bridges, PhD, RN, CCNS, FCCM, FAAN
Professor, Biobehavioral Nursing and Health Informatics, University of Washington School of Nursing, President-elect AACN

Megan Brunson, MSN, RN, CNL, CCRN-CSC
CVICU Night Supervisor, Medical City Dallas Hospital, Dallas, President AACN

Cheri Constantino-Shor, MSN, RN, CRNI, CMSRN
Clinical Professional Development Specialist, Northwest Hospital

Seth Eisenberg, ADN, RN, OCN, BMTCN
Professional Practice Coordinator, Infusion Services, Seattle Cancer Care Alliance Ambulatory Clinic

Robin Evans-Agnew, RN, PhD
Associate Professor, Nursing and Healthcare Leadership, University of Washington, Tacoma

Fran Graham
Chaplain, Training Coordinator: International Foursquare Disaster Relief

Heather Hand, RN, CCRN, CNRN, LNC
ICU Nurse, Level I Trauma Center

Jocelyn Ludlow, MN, RN, CHSE, CNE, CMSRN
Simulation Program Manager, Jones Learning, Innovation and Simulation Center, Virginia Mason

Nicole Kupchik, MN, RN, CCNS, CCRN-K, PCCN-CMC, CSC
Independent Critical Care Clinical Nurse Specialist; Owner Nicole Kupchik Consulting and Education, Seattle, WA

Vanessa Makarewicz, MN, RN, CIC
Infection Prevention & Control Manager, UW Medicine-Harborview Medical Center

Rebekah Marsh, BSN, RN, CCRN
Clinical Nurse Educator, Medical-Surgical/Telemetry, Harborview Medical Center

Elizabeth A. Mattox, MS, MSN, ARNP, CPPS
Nurse Practitioner, Pulmonary – Critical Care – Sleep Medicine, VA Puget Sound

Kelsey Mitchell, BS, CCLS
Certified Child Life Specialist, Mary Bridge Children's Hospital

Wendy Murchie, DNP, MN, ARNP, CPNP-AC
Pediatric Critical Care Nurse Practitioner, Seattle Children's Hospital

Janet Regan-Baggs, DNP, RN, ACNS-BC, CCNS, CCRN-K
Clinical Nurse Specialist for Mechanical Circulatory Support and Critical Care, University of Washington Medical Center

Christine Schulman, MS, RN, CNS, CCRN-K
Clinical Nurse Specialist, Critical Care and Trauma Care, Legacy Health

Desiree Wood, DNP, ARNP, AGPCNP-BC, CCRN
Nurse Practitioner, Medical/Cardiology ICU, VA Puget Sound

Patty Wooten RN, BSN, CIC
Legendary Nurse Humorist, Author

Symposium

Join us for our 43rd Annual Symposium: Currents in Critical and Progressive Care featuring nationally acclaimed speakers and exceptional education for greater Seattle-area nurses.

Sunset Session | Wine & Cheese

Join us for an evening of humor, laughter, mirth, and, of course, wine and cheese with the so-called, "Queen of Jest" Patty Wooten! Patty is a legendary nurse humorist who is sure to inspire, educate, and entertain!

Exhibits

Visit our exhibitors to participate in our Vendor Passport to win door prizes including a scholarship registration for NTI next year in Indianapolis, IN.

Posters

To inspire, improve, and promote evidence-based practice please share your work with other critical care nurses! Consider submitting a poster abstract for the upcoming MTS symposium. Find more information at www.MTSAACN.org Small prizes to our 1st three poster winners.

Food Drive

We will continue our support of Northwest Harvest Food Bank. Bring a nonperishable food donation each day and we will say thank-you with an extra door prize ticket!

Hotel Discount

Our chapter has a courtesy discount at a nearby hotel. Mention Mountain to Sound Symposium to receive the discounted rate. Best Western Alderwood. 19332 36th Ave W, Lynnwood, WA 425-775-7600 \$121/night + tax

Visit www.MTSAACN.org for more details

A special *Thank You* to the hardworking members of the 2019 Education Committee

Education Co-Chairs

Judy Borish MSN, RN, CCRN, PCCN
Michael Moon, BSN, RN

Co-Presidents

Pamela K. Popplewell, DNP, RN, ARNP-BC
Collyn West, MSN, RN, PCCN

Industry Relations

Melissa Hutchinson DNP, RN, CCNS

Members

Pat Blissitt, PhD, ARNP-CNS, CCNS, CCRN, CNRN, SCRN, CCNS, CCM, ACNS-BC

Elaine Clement, RN, MS, PMC-2, CCRN, CHFP, CNML

Sharon Hansen, RN, MN, CCRN

Mary Jo Kelly, DNP, ARNP-CNS, CCRN, ACNS-BC, CCNS

Mary S. McCarthy, PhD, RN, CNSC, FAAN

Karen Paulsen, MSN, RNC, ACNS-BC

Joya Pickett, PhD, ARNP-CNS, CCNS, ACNS-BC, CCRN

Jordan Tremper, BSN, RN, CCRN-K

If you are interested in becoming more involved in the Mountain to Sound Chapter, please contact:

education@mtsaacn.org

The 43rd Critical & Progressive Care Symposium

September 16 & 17, 2019

2 ways to register:

1. **Online Registration** www.MTSAACN.org
2. **Mail** MTS AACN · 1425 Broadway #543 · Seattle, WA 98122

Please Print:

First Name _____ Last Name _____

Billing Address _____ City _____ State _____ Zip _____

Email _____ Phone _____ Employer _____

Current MTS AACN Member? Yes No National AACN# and Expiration Date _____

Early Bird Registration Fees (Postmarked by August 19)	Regular Registration Fees (Postmarked after August 19)
<input type="checkbox"/> 2 Day Member of the MTS Chapter \$ 215	<input type="checkbox"/> 2 Day Member of the MTS Chapter \$ 240
<input type="checkbox"/> 2 Day Non-Member of the MTS Chapter \$ 265	<input type="checkbox"/> 2 Day Non-Member of the MTS Chapter \$ 290
<input type="checkbox"/> 1 Day Member of the MTS Chapter	<i>Please check date</i> <input type="checkbox"/> 9/16 <input type="checkbox"/> 9/17 \$ 120
<input type="checkbox"/> 1 Day Non-Member of the MTS Chapter	<i>Please check date</i> <input type="checkbox"/> 9/16 <input type="checkbox"/> 9/17 \$ 145
<input type="checkbox"/> 2 Day Pre-Nursing Student \$ 150	Nursing School:
<small>** Must present school ID</small>	

Please note which break out session you plan on attending:

Monday Sept 16, 2019 Breakout Sessions	Tuesday Sept 17, 2019 Breakout Sessions
1 9:25 am - 10:40 am <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3	1 11:30 am - 12:45 pm <input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15
2 10:50 am - 12:05 pm <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6	2 1:45 pm - 3:00 pm <input type="checkbox"/> 16 <input type="checkbox"/> 17 <input type="checkbox"/> 18
3 1:35 pm - 2:55 pm <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9	3 3:15 pm - 4:30 pm <input type="checkbox"/> 19 <input type="checkbox"/> 20 <input type="checkbox"/> 21
4 3:25 pm - 4:40 pm <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12	
Sunset Session	
5:00 pm - 6:15 pm <input type="checkbox"/> Yes <input type="checkbox"/> No	
Wine & Cheese	

Registration Dues:

I want to join MTS AACN! \$20/year National AACN # and Expiration Date (required) _____

Conference Fee \$ _____ MTS Membership \$ _____ Donation to Karen Carlson Fund \$ _____

Total Due \$ _____ Check (payable to Mountain to Sound Chapter) Visa MC

Credit Card Number _____ Exp _____ CVV _____

Refund Policy: Cancellation requests received before August 26, 2019 will be refunded 80% of the registration fees. Cancellation requests received on or after August 26, 2019 will be refunded 50% of the registration fees. The day of the conference, no refunds will be given. Email cancellation requests to: education@mtsaaacn.org